

## **Tanvi Chawla**

*“The greatest gift you can give yourself is a healthy you.”*

All treatments with Tanvi are tailored to suit the patients' needs. Her primary aim is to promote health and wellness and manage pain as soon as possible.

As a guideline, the treatment starts with a comprehensive initial consultation involving the following:

- A thorough case history and physical examination
- Range of motion assessment and orthopaedic testing
- Photographic postural assessment and referrals for further imaging as required

Tanvis' extensive qualifications allow her to incorporate a wide variety of techniques to address the root cause of pain. The hands on treatment expands beyond osteopathic techniques to include dry needling, deep tissue massage, kinesiology taping, postural retraining and cranio-sacral therapy. Following treatment, Tanvi also includes a tailored step by step management plan for long term self care practices.

As Tanvi is registered with AHPRA (Australian Health Practitioner Regulation Agency) and AOA (Australian Osteopathic Association), all treatments can be claimed in the spot with both Medicare via a GP referral & private health insurance with HICAPS.

**Click here to book an appointment with Dr Tanvi Chawla.**

